



INDIRA GANDHI NATIONAL OPEN UNIVERSITY

NAME OF STUDY PROGRAMME STUDY CENTRE

BLDEAS SHRI B M PATIL COLLEGE OF NURSING VIJAYAPUR

Code: 85004P

Schedule of Practical Counseling Session Diploma in Critical Care Nursing

BNSL 033 Proposed hours -180hrs.

SL NO	DAY & DATE	TIME	COURSE OF CODE	TOPIC / PRACTICAL ACTIVITY	THEORY/ PRACTICAL	ACADEMIC COUCELARS NAME
1	11/08/25	8 AM-12 Noon	BNSL 033	Orientation to ICU/HDU environment	PRACTICAL	DR SATISH N
		1 PM -5 PM	BNSL 033	Identification of ICU equipment	PRACTICAL	DR SATISH N
2	12/08/25	8 AM-12 Noon	BNSL 033	Demonstration of donning & doffing PPE	PRACTICAL	DR SATISH N
		1 PM -5 PM	BNSL 033	Practice of hand hygiene techniques	PRACTICAL	DR SATISH N
3	13/08/25	8 AM-12 Noon	BNSL 033	Infection control rounds	PRACTICAL	DR SATISH N
		1 PM -5 PM	BNSL 033	Maintaining sterile field	PRACTICAL	DR SATISH N
4	14/08/25	8 AM-12 Noon	BNSL 033	Vital signs monitoring and interpretation	PRACTICAL	DR SATISH N
		1 PM -5 PM	BNSL 033	Glasgow Coma Scale (GCS) assessment	PRACTICAL	DR SATISH N
5	16/08/25	8 AM-12 Noon	BNSL 033	Arterial Blood Gas (ABG) sampling and interpretation	PRACTICAL	DR SATISH N
		1 PM -5 PM	BNSL 033	ECG lead placement and basic rhythm recognition	PRACTICAL	DR SATISH N
6	17/08/25	8 AM-12 Noon	BNSL 033	Neurological assessment in ICU	PRACTICAL	DR SATISH N
		1 PM -5 PM	BNSL 033	Central venous pressure (CVP) monitoring	PRACTICAL	DR SATISH N

7	18/08/25	8 AM-12 Noon	BNSL 033	Airway & Ventilation Management	PRACTICAL	DR BASHEER AJ
		1 PM -5 PM	BNSL 033	Endotracheal suctioning technique &	PRACTICAL	DR BASHEER AJ
8	19/08/25	8 AM-12 Noon	BNSL 033	Tracheostomy care and suctioning	PRACTICAL	DR BASHEER AJ
		1 PM -5 PM	BNSL 033	Ventilator alarm management	PRACTICAL	DR BASHEER AJ
9	20/08/25	8 AM-12 Noon	BNSL 033	Chest physiotherapy techniques	PRACTICAL	DR BASHEER AJ
		1 PM -5 PM	BNSL 033	IV cannulation technique	PRACTICAL	DR BASHEER AJ
10	21/08/25	8 AM-12 Noon	BNSL 033	Preparation and administration of IV medications	PRACTICAL	DR BASHEER AJ
		1 PM -5 PM	BNSL 033	Setting up and monitoring IV fluids	PRACTICAL	DR BASHEER AJ
11	22/08/25	8 AM-12 Noon	BNSL 033	Blood transfusion procedure and nursing care	PRACTICAL	DR AMITH
		1 PM -5 PM	BNSL 033	Preparation and administration of emergency drugs	PRACTICAL	DR AMITH
12	23/08/25	8 AM-12 Noon	BNSL 033	Insulin administration and glucose monitoring	PRACTICAL	DR AMITH
		1 PM -5 PM	BNSL 033	Strict hand hygiene technique (WHO steps)	PRACTICAL	DR AMITH
13	24/08/25	8 AM-12 Noon	BNSL 033	Biomedical waste segregation and disposal	PRACTICAL	DR AMITH
		1 PM -5 PM	BNSL 033	Cleaning and disinfection of ICU equipment	PRACTICAL	DR AMITH
14	26/08/25	8 AM-12 Noon	BNSL 033	Isolation precautions for infectious patients	PRACTICAL	DR AMITH
		1 PM -5 PM	BNSL 033	Basic Life Support (BLS)	PRACTICAL	DR AMITH
15	27/08/25	8 AM-12 Noon	BNSL 033	Advanced Cardiac Life Support (ACLS) – observation or simulation	PRACTICAL	DR AMITH
		1 PM -5 PM	BNSL 033	CPR using adult manikin (simulation lab)	PRACTICAL	DR SANKAPPA
16	28/08/25	8 AM-12 Noon	BNSL 033	Defibrillator use (AED/manual) – demonstration	PRACTICAL	DR SANKAPPA
		1 PM -5 PM	BNSL 033	Mock code blue drill participation	PRACTICAL	DR SANKAPPA

17	29/08/25	8 AM-12 Noon	BNSL 033	Urinary catheterization and catheter care	PRACTICAL	DR SANKAPPA
		1 PM -5 PM	BNSL 033	Input-output monitoring and documentation	PRACTICAL	DR SANKAPPA
18	30/08/25	8 AM-12 Noon	BNSL 033	Insertion and care of Ryle's tube (NG tube)	PRACTICAL	DR SANKAPPA
		1 PM -5 PM	BNSL 033	Administering enteral feeds via NG tube	PRACTICAL	DR SHWETHA
19	31/08/25	8 AM-12 Noon	BNSL 033	Enema administration and bowel care	PRACTICAL	DR SHWETHA
		1 PM -5 PM	BNSL 033	Positioning and care of unconscious patient	PRACTICAL	DR SHWETHA
20	1/09/25	8 AM-12 Noon	BNSL 033	Care of patient with seizure disorder	PRACTICAL	DR SHWETHA
		1 PM -5 PM	BNSL 033	Post-operative ICU care (monitoring, documentation)	PRACTICAL	DR SHWETHA
21	2/09/25	8 AM-12 Noon	BNSL 033	Pain assessment and management	PRACTICAL	DR SHWETHA
		1 PM -5 PM	BNSL 033	Monitoring patient with chest tube	PRACTICAL	DR SHWETHA


Yours faithfully

Programme In charge
PSC: 85004P

Programme-in-charge
IGNOU PSC 85004P
BLDEA's Shri B. M. Patil
Institute of Nursing Sciences,
VIJAYAPUR-586103.



INDIRA GANDHI NATIONAL OPEN UNIVERSITY

NAME OF STUDY PROGRAMME STUDY CENTRE

BLDEAS SHRI B M PATIL COLLEGE OF NURSING VIJAYAPUR

Code: 85004P

Schedule of Practical Counseling Session Diploma in Critical Care Nursing

BNSL 034 Proposed hours -120hrs.

SL NO	DAY & DATE	TIME	COURSE OF CODE	TOPIC / PRACTICAL ACTIVITY	THEORY/ PRACTICAL	ACADEMIC COUCELARS NAME
1	3/09/25	8 AM-12Noon	BNSL 034	Therapeutic communication with critically ill patients &Active listening and empathy in nursing	PRACTICAL	DR SATISH N
		1 PM -5 PM	BNSL 034	Use of SBAR (Situation-Background-Assessment-Recommendation) in ICU handover	PRACTICAL	DR SATISH N
2	4/09/25	8 AM-12Noon	BNSL 034	Non-verbal communication with ventilated patients	PRACTICAL	DR SATISH N
		1 PM -5 PM	BNSL 034	Communicating with unconscious or sedated patient	PRACTICAL	DR SATISH N
3	5/09/25	8 AM-12Noon	BNSL 034	Pre-admission ICU orientation and counseling	PRACTICAL	DR SATISH N
		1 PM -5 PM	BNSL 034	Counseling families during acute medical crises	PRACTICAL	DR SATISH N
4	6/09/25	8 AM-12Noon	BNSL 034	Educating family about ICU procedures and environment	PRACTICAL	DR SATISH N
		1 PM -5 PM	BNSL 034	Counseling for ventilator support and prognosis	PRACTICAL	DR SATISH N
5	7/09/25	8 AM-12Noon	BNSL 034	Communicating bad news (case-based simulation)	PRACTICAL	DR SATISH N
		1 PM -5 PM	BNSL 034	Explaining discharge planning and home care to families	PRACTICAL	DR SANKAPPA
6	8/09/25	8 AM-12Noon	BNSL 034	Counseling about the risk of infection and isolation protocols	PRACTICAL	DR SANKAPPA
		1 PM -5 PM	BNSL 034	Supporting patient coping mechanisms under critical illness	PRACTICAL	DR SANKAPPA

7	9/09/25	8 AM-12Noon	BNSL 034	Managing ICU-related stress, anxiety, and fear in patients	PRACTICAL	DR SANKAPPA
		1 PM -5 PM	BNSL 034	Counseling family during end-of-life care	PRACTICAL	DR SANKAPPA
8	10/09/25	8 AM-12 Noon	BNSL 034	Psychosocial support for long-term ICU stay patients	PRACTICAL	DR SANKAPPA
		1 PM -5 PM	BNSL 034	Techniques to reduce caregiver fatigue	PRACTICAL	DR SANKAPPA
9	11/09/25	8 AM-12 Noon	BNSL 034	Counseling about Do Not Resuscitate (DNR) orders	PRACTICAL	DR SANKAPPA
		1 PM -5 PM	BNSL 034	Counseling for informed consent before high-risk procedures	PRACTICAL	DR AMIT
10	12/09/25	8 AM-12Noon	BNSL 034	Explaining organ donation and brain death	PRACTICAL	DR AMIT
		1 PM -5 PM	BNSL 034	Maintaining confidentiality and patient rights	PRACTICAL	DR AMIT
11	13/09/25	8 AM-12Noon	BNSL 034	Discussing advance directives and legal aspects in ICU	PRACTICAL	DR AMIT
		1 PM -5 PM	BNSL 034	Educating patient/family on post-ICU recovery at home	PRACTICAL	DR AMIT
12	14/09/25	8 AM-12Noon	BNSL 034	Counseling on medication adherence and follow-up	PRACTICAL	DR AMIT
		1 PM -5 PM	BNSL 034	Teaching caregiver how to care for tracheostomy/NG tube/oxygen at home	PRACTICAL	DR AMIT
13	15/09/25	8 AM-12Noon	BNSL 034	Reflective practice on emotional impact of ICU cases	PRACTICAL	DR SHWETHA
		1 PM -5 PM	BNSL 034	Teaching caregiver how to care for tracheostomy/NG tube/oxygen at home	PRACTICAL	DR SHWETHA
14	16/09/25	8 AM-12Noon	BNSL 034	Teaching caregiver how to care for oxygen at home	PRACTICAL	DR SHWETHA
		1 PM -5 PM	BNSL 034	Stress and burnout prevention strategies for ICU nurses	PRACTICAL	DR SHWETHA


Yours faithfully

Programme In charge
PSC: 85004P

Programme-in-charge
IGNOU PSC 85004P
BLDEA's Shri B. M. Patil
Institute of Nursing Sciences,
VIJAYAPUR-586103.